

# GET GROWING

## NEWSLETTER

16<sup>th</sup> April 2020

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### *Composting!*

Making your own compost is the most environmentally friendly way of getting rid of kitchen waste, and you'll get free compost at the end!

It's really easy, as long as you follow some simple rules.

Remember only to add fruit/vegetable scraps and plant matter – nothing cooked.

You can buy a ready made compost bin, but compost really isn't fussy so you can make your own. A cardboard box will make a small compost pile – and the box is biodegradable too!

*Mairi*

### *Peas*

Peas are a really fun crop to grow. The seeds are large and easy to handle, and the plants grow quickly and like to scramble upwards making them very pretty!

### *Things to do this week*

- Make or order a compost bin – the council deliver these at a subsidised rate.
- Start sowing seeds in pots on a sunny windowsill. Keep tuned in for the next few weeks with more advice on how to sow and grow. And remember, give me a shout any time if you get stuck.

**Spotlight:** *Now is a great time to start sowing seeds!*

Call Mairi on 07508094574 or email [mairi.lees@nbnelt.co.uk](mailto:mairi.lees@nbnelt.co.uk) for advice and support on how to make the most of your garden!