

# GET GROWING

## NEWSLETTER

14<sup>th</sup> May 2020

7

### *Garden Bugs!*

This week's newsletter is all about the mini beasts that live in our garden soil.

Some might look scary, but most are friendly and help our garden to thrive.

Growing your own fruit, vegetables and flowers can encourage bees, butterflies, ladybirds, hoverflies, slow worms (eek!) and many more useful bugs that help protect our ecosystem.

However, some garden critters are pests! Read on for how to protect your precious plants from being munched.

*Mairi*

### *Planting Out*

It's almost time to start moving your plants from their cosy inside home to the cold outdoors. Just make sure you harden them off first! Plant out in the ground from the third week in May.

### *Things to do this week*

- Harden off your indoor grown plants by putting them outside for a few hours each day.
- Sow runner beans, courgettes, spinach, broccoli, kale, carrots, beetroot, lettuce, radishes, chard.
- Watch out for bugs in your garden!

**Spotlight:** *Runner beans are a fun and easy crop for beginners!*

Call Mairi on 07508094574 or email [mairi.lees@nbneltd.co.uk](mailto:mairi.lees@nbneltd.co.uk) for advice and support on how to make the most of your garden!