

# GET GROWING

## NEWSLETTER

23<sup>rd</sup> April 2020

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### *Thrifty Gardening!*

Gardening is traditionally a thrifty hobby – you can make your own compost, fertilisers and even weedkillers! And gardening equipment can be made from almost anything around the house. See my attached guide for some cheap and cheerful ideas.

This week we're also discovering edible flowers which are super fun to grow. Most are easy to grow annuals which are sown in spring, flower over summer then produce seed in the autumn which can be collected and stored – so your plants next year will be free!

*Mairi*

### *Seed Sowing*

*Now is a perfect time to sow seeds. There's loads of information on the back of seed packets, but tune in next week for more details of how to get the best from your seeds.*

### *Things to do this week*

- Sow tomatoes, cucumber, courgette, sunflowers, peas, beans, herbs, kale and broccoli indoors in pots on a sunny windowsill.
- Sow beetroot, broad beans, carrots, leeks, radish, chard, spinach, salad leaves and spring onions outside.
- Plant some edible flowers!

**Spotlight:** *Edible flowers are pretty and tasty!*

Call Mairi on 07508094574 or email [mairi.lees@nbnelted.co.uk](mailto:mairi.lees@nbnelted.co.uk) for advice and support on how to make the most of your garden!