

LOCKDOWN LIFE

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Rock Painting

Lockdown has meant many of us have spent more time in the house than usual. It's important to keep busy, and it has been shown that arts and crafts are great for helping us to unwind and keep our minds focussed and calm.



You can do any sort of arts and crafts, but in this weeks *Lockdown Life* we're going to try a fun and frugal craft activity – rock painting!

[Read on to find out more...](#)

What you'll need...

Pebbles!

You can collect your pebbles from the beach, in your garden or from a local park. Do not take pebbles from anyone else's property. A round flat pebble is best – any size you want!



Paint

Acrylic paint is thicker and hard wearing. Leftover emulsion wall paint is thick and easy to apply and makes a great base layer. You will also need old newspaper to protect your table and some paintbrushes. You may also want to use cocktail sticks and rubber stamps to create different designs (optional).



Acrylic clear varnish

This is only needed if you want your rocks to live in the garden as an outdoor decoration.

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How To...

1. Wash and dry your rock.



2. Paint the rock white all over with emulsion or acrylic paint. Allow to dry.
3. Paint the rocks in your chosen colour. Allow to dry completely before applying a second coat.



4. Once the first colour is dry you can add a second or third colour to create your design.
5. If using acrylic varnish, wait for the rock to dry completely then paint with two layers of varnish, allowing the rock to dry thoroughly between coats.



Gallery

There are so many designs! You can choose to copy one, or make up your own design!



Share your results to feature in the next edition of Lockdown Life!